



Anti-Bullying Policy

Everyone at Willsden Primary School has the right to feel safe, to learn and to be respected and valued. Our Community takes responsibility in creating school culture, where students develop a positive sense of identity and have the tools to effectively manage conflict and hard to have feelings.

What is bullying?

'Bullying is when you feel constantly unsafe and hurt on the inside or outside. Bullying is deliberate and can be emotional, physical, social or cyber. Bullying can make you feel left out and like you don't belong. It can feel as if it is every day, 24/7.'

-SRC Prefects 2017

Types and Examples of Bullying

<u>Verbal</u>- Teasing, making fun of others, swearing



<u>Physical</u> unwanted physical contact, hurting others by pushing, kicking, punching, choking, poking, fighting and damaging other people's property



Social/Emotional Excluding others, spreading rumours, playing nasty jokes, peer pressure, intimidating others, stealing other peoples belongings and making faces or unwanted gestures at others



<u>Cyber</u> Online bul

Online bullying can be Verbal, Social and includes threats of Physical bullying



Responsibilities of Students

- Taking responsibility for their actions
- Ensure thinking is used when confronted with or resolving a problem
- Ask the bully to stop it, ignore it (look away/walk away) and seek help, never get cheeky back
- Don't join in the bullying, tell an adult or a family member if you or someone else is being bullied
- Support other students and never be a negative bystander by watching or encouraging bullying

Responsibilities of Staff

- Listen and document concerns, resolve conflicts using a restorative justice approach and apply consequences as necessary
- Model and teach strategies for resolving behaviour situations in a non-violent and non-aggressive manner
- Inform students and families about the impact of bullying

• Provide a safe place outside of the classroom in the office where students can go- Aboriginal Education room, Principal, Deputy or Counsellor's room

Family Responsibilities

- Support the schools Bullying Policy
- Discuss bullying with your child and how to seek support
- Be a positive role model for your child
- Contact a staff member if you suspect any type of bullying is occurring
- Allow for reasonable time for issues to be addressed by staff

Management of Bullying Incidents

The school will

- Investigate and document reported incidents
- Notify Caregivers
- Use a Restorative Justice approach allowing for all involved to have a voice to discuss
 - What happened
 - What they were thinking and what they have thought about since
 - Who has been affected and in what way
 - What we need to do to make things right again
- Consequences will be applied as suited
 - o Physical violence will result in a suspension
 - Students may miss out on play or be required to complete their work in the office until they can be re-entered back into their classroom
- Monitor the situation between the students to ensure that their safety and well-being are maintained

Reducing Bullying

- Following the schools Social and Emotional Learning Scope and Sequence, inclusive of Play is the Way, Child Protection Curriculum and Personal and Social Capabilities
- Using 'circles' to learn and practice social skills
- Developing programs to help students participate and have a say in their learning
- Teaching students about violence prevention, conflict resolution, anger management and problem solving and develop policies which promote student safety
- Teaching for and about diversity

Please refer to our whole school wellbeing agreement or our Social and Emotional Learning Scope and Sequence for details for specific details of our wellbeing programs and strategies. For more information please refer to our use of mobile phone and personal devices policy.